Health Technology Assessment in Canada: A CADTH Perspective

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The Evolving Role of Health Technology Assessment in Canada: A CADTH Perspective

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Canada's Health Care System

- Distributed. Delegated.
- 10 provinces, 3 territories
- Regulation of drugs and medical devices:
 - Federal Government (Health Canada)
- Delivery:
 - Provincial/Territorial Government
 - Some decisions further delegated to regional & local
- Payment:
 - Universal public coverage for hospital and physician services, including in-patient drugs, medical devices and procedures



CADTH

is an independent, not-for-profit organization responsible for providing Canada's health care decision-makers with objective evidence about the optimal use of drugs and medical devices.

Disclosure

- CADTH is funded by the Federal, Provincial, and Territorial ministries of health.
- CADTH receives application fees (paid by pharmaceutical companies) for three programs:
 - CADTH Common Drug Review (CDR)
 - CADTH pan-Canadian Oncology Drug Review (pCODR)
 - CADTH Scientific Advice



Our Programs and Services



DRUG REIMBURSEMENT RECOMMENDATIONS

- CADTH Common Drug Review (CDR)
- CADTH pan-Canadian Oncology Drug Review (pCODR)



HEALTH TECHNOLOGY MANAGEMENT PROGRAM

- Rapid Response Service
- Health Technology Assessment Service
- Optimal Use Service
- Environmental Scanning
- Horizon Scanning



OTHER PROGRAMS AND SERVICES

Scientific Advice



KNOWLEDGE MOBILIZATION AND LIAISON OFFICERS

- Located in jurisdictions across Canada
- Understand the needs and priorities of local decision-makers
- Provide advice and tools to help turn evidence into policy and practice



Key Messages

- 1. Let's get serious about patient engagement.
- 2. Real-world evidence is the next frontier.



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Patient Engagement in HTA

Relevance

Patients have knowledge, perspectives and experiences that are unique and contribute to essential evidence for HTA.

Fairness

Patients have the same rights to contribute to the HTA process as other stakeholders and have access to processes that enable effective engagement.

Legitimacy

Patient involvement facilitates those affected by the HTA recommendations/decision to participate in the HTA; contributing to the transparency, accountability and credibility of the decision-making process.

Equity

Patient involvement in HTA contributes to equity by seeking to understand the diverse needs of patients with a particular health issue, balanced against the requirements of a health system that seeks to distribute resources fairly among all users.

Capacity building

Patient involvement processes address barriers to involving patients in HTA and build capacity for patients and HTA organizations to work together.

HTAi Patient & Citizen Involvement Interest Group



Importance of Patient Input for CADTH

- HTA recommendations will ultimately affect patients for whom the technology is intended
- Only patients and their family/caregivers have
 - day-to-day lived experience with the disease or condition
 - direct experience with currently available treatments (if applicable) and possibly experience with the technology being reviewed
- Patients and their caregivers can provide their perspectives on the most important considerations and outcomes for a new technology



CADTH Patient Engagement Team

- Tammy Clifford, Chief Scientist & VP, Evidence Standards
- Ken Bond, Director, Patient Engagement and International Affairs
- Sarah Berglas, Patient Engagement Officer
- Tamara Rader, Patient Engagement Officer
- Helen Mai, Policy & Strategy Advisor
- Laura Weeks, Scientific Advisor



How CADTH Engages Patients

- Public/patient members sit on Board and committees
- Patient groups provide input to drug and medical device reviews
- Patient input to early dialogue with industry
- Patient Liaison Forum with umbrella patient groups
- Annual broad consultation sessions
- Annual CADTH Symposium is "Patients Included"
- "Open" Call for Topics



CADTH's Work on Medical Devices*

- In scope:
 - Devices
 - Procedures (medical, dental, surgical)
 - Tests (predictive, diagnostic)
 - Programs (screening programs, pathways of care)
- Currently out of scope:
 - Health human resources/scopes of practice
 - Regenerative medicines
 - Vaccines
 - Social services
 - "Apps"



CADTH's Medical Devices Portfolio

Horizon Scans

 New and emerging technologies likely to have a significant impact on health care in Canada

Environmental Scans

Current practice across Canada, or internationally

Rapid Response

Rapid assessments of the evidence on focused research questions

HTA

 Comprehensive assessments of clinical, economic, ELSI, patient preferences & implementation implications

Optimal Use

HTA plus expert committee recommendation



CADTH Medical Devices Expert Committee

- Health Technology Expert Review Panel (HTERP)
- Membership
 - Chair and 6 core members
 - 3 clinicians (2 physicians, 1 nurse)
 - 1 epidemiologist
 - 1 economist (Chair)
 - 1 ethicist
 - 1 public member
 - Project-specific expert members
- Develop recommendations (non-binding)



HTERP Deliberative Framework Framework Domain Information / Element(s) Audience; issue and policy question(s) **Background / Context** Background on health condition **Needs** Size of affected population Availability of alternatives Efficacy Clinical effectiveness **Benefits** Impact on patient-centred outcomes Impact on clinical management Non-health benefits (e.g. patient autonomy, dignity) **Harms** Safety

Cost-effectiveness

Budget impact

Legal impacts

Infrastructure support costs

Repair and maintenance

Acceptability of health technology by the patient

Integration of technology into existing workflow

Training / competency requirements

Consistent with Canadian ethical values

Environmental impact of health technology

Patient Preferences

Economic Impact

Implementation

Environmental Impact

Legal

Ethics

Framework Domain Information / Element(s) Background / Context • Audience; issue and policy question(s) • Background on health condition • Size of affected population • Availability of alternatives

Impact on patient-centred outcomes

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Acceptability of health technology by the patient

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Impact on clinical management

Budget impact

Benefits

Harms

Ethics

Patient Preferences

Economic Impact

Implementation

Environmental Impact

Patient Perspectives & Experiences

"It would be nice if all of the data which sociologists require could be enumerated because then we could run them through IBM machines and draw charts as the economists do. However, not everything that can be counted counts, and not everything that counts can be counted."

William Bruce Cameron



CADTH Approach: Systematic Review

Literature search

Peer-reviewed, published literature and grey literature

Study selection

Predefined eligibility criteria, in duplicate

Data extraction

Descriptive data, results statements, in duplicate

Quality assessment

Validated tool, in duplicate

Data analysis

Coding, descriptive themes, analytic themes

- Broad research question
- Separate chapter within HTA report
- Presentation to CADTH HTERP
- Inform deliberation and recommendations



Example: Interventions for the Treatment of Obstructive Sleep Apnea in Adults

Policy Question

What is the <u>optimal use</u> of PAP devices, EPAP valves, OAs, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?

EPAP = expiratory positive air pressure; OA = oral appliance; OSA = obstructive sleep apnea; PAP = positive airway pressure



What are the **clinical effectiveness**, comparative clinical effectiveness, and **safety** of PAP devices, EPAP 1.

8.

HTA Research Questions

2. What are the **clinical effectiveness**, comparative clinical effectiveness, and **safety** of PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adult patients with different OSA severity (i.e. mild, moderate, severe)?

valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?

- 3. What are the clinical effectiveness, comparative clinical effectiveness, and safety of interventions for the treatment of OSA in adult patients with or without comorbidities (e.g. obesity, hypertension, diabetes?)
- 4. What is the **cost-effectiveness** of PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?
- What are the **experiences and perspectives** of adult patients, their family members, and their caregivers 5. regarding PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?
- 6. What **ethical** issues are raised by providing PAP devices, EPAP valves, oral appliances, surgical
- interventions, and lifestyle modifications for the treatment of OSA in adults? How should these issues be
- addressed? 7.
 - What are some of the **implementation** issues associated with PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?
 - What are some potential environmental impacts PAP devices, EPAP valves, oral appliances, surgical

interventions, and lifestyle modifications for the treatment of OSA in adults?

HTA Research Questions

- 1. What are the clinical effectiveness, comparative clinical effectiveness, and safety of PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?
- 2. What are the **clinical effectiveness**, comparative clinical effectiveness, and **safety** of PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adult patients with different OSA severity (i.e. mild, moderate, severe)?
- 5. What are the **experiences and perspectives** of adult patients, their family members, and their caregivers regarding PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?
- 6. What **ethical** issues are raised by providing PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults? How should these issues be addressed?
- 7. What are some of the **implementation** issues associated with PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?
- 8. What are some potential **environmental** impacts PAP devices, EPAP valves, oral appliances, surgical interventions, and lifestyle modifications for the treatment of OSA in adults?

Analytic Theme	Descriptive Category
A range of characteristics and factors influence whether people seek and initiate OSA treatment.	Motivation
	Expectations and Attitudes
	Information Needs
	Patient Characteristics
	Impact on Lifestyle and Cost
Interventions for OSA require adaptation to daily routines and relationships. Some patients are able to integrate these interventions into their life and experience benefits, while others are unable to do so.	Experienced Benefits
	Comfort and Side Effects
	Impact on Self and Relationships
	Presence of Support
	Information Needs
	Adaptation and Problem Solving
	Psychological Impact

What Do these Syntheses Add?

- Understanding of how a technology is used, or interacts, with patients in their daily life
 - Impact on effectiveness, feasibility, adherence
 - Outcomes of importance, and meaning of outcomes
 - Direct and indirect, intended and unintended outcomes
- Provide insights into economic models
- Identify when patient choice is important
- Rationale to support recommendations
- Implementation considerations



Lessons Learned

Role of PPE reviews in all HTAs

When is it more, or less, important?

Earlier in the HTA process

To inform other assessment aspects

Rapid reviews

- On request of some customers
- Development of appropriate methods

Balancing pragmatism and idealism

Ideal methods versus what is feasible

Improve understanding

- What is qualitative research?
- Special skills and resources



Challenges & Opportunities

- Ensuring meaningful engagement
 - Not just 'ticking the box'
- Clarity in language
 - Patients vs public vs citizen
 - Engagement vs involvement vs input
- Clarity in purpose
 - For what goal(s), at what stage(s) of HTA process to have most impact
- Burden
- Representativeness



Key Messages

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Incorporating Real-World Evidence into Assessments

- Adaptive pathways and conditional approvals
- Using registries and "big data"
 - Need for analytic capacity
- Requires flexible reimbursement models
 - Managed-entry schemes and dynamic pricing



Adaptive Pathways – Key Initiatives



MITNEWDIGS

NEW Drug **D**evelopment Parad**IG**m**S** Initiative







Real-World Evidence Generation













EDITORIAL

BREAKING THE ADDICTION TO TECHNOLOGY ADOPTION

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ABSTRACT

A major driver of cost growth in health care is the rapid increase in the utilisation of existing technology and not simply the adoption of new technology. Health economists and their health technology assessment colleagues have become obsessed by technology adoption questions and have largely ignored 'technology management' questions. Technology management would include the life-cycle assessment of technologies in use, to assess their real-world performance; and monitoring of

Our argument is that, in order to achieve the goals of efficiency and equity through technology use, much greater analytic emphasis is required on the technology management issue, with analysts breaking out of the adoption 'addiction'. This issue will grow more and more in importance as entities, such as clinical care groups

1. BACKGROUND

The focus of this paper is healthcare technology (drugs, devices, procedures and screening) and, specifically, its adoption and use in the system. Our premise is that health economists and their colleagues in the health technology assessment (HTA) 'industry' have become obsessed by adoption questions – that is, should a new technology be available for routine use in the healthcare system? – and have largely ignored the 'technology management' questions – that is, once in the system, how do we ensure cost-effective utilisation?



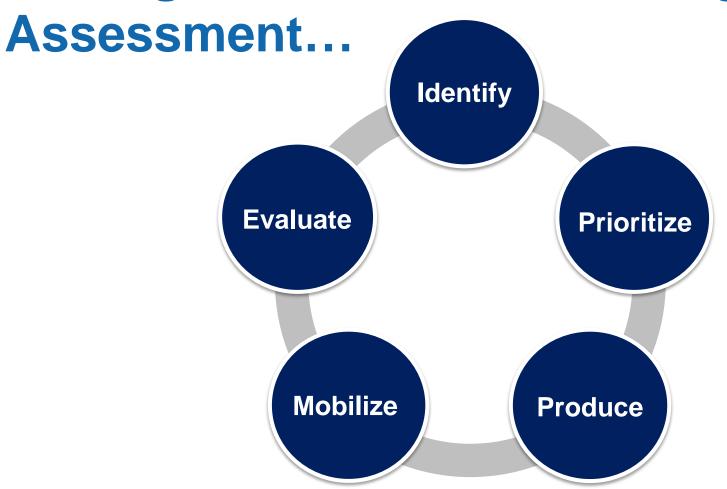
Real-World Evidence



Assessment of real-world performance over technology life cycle

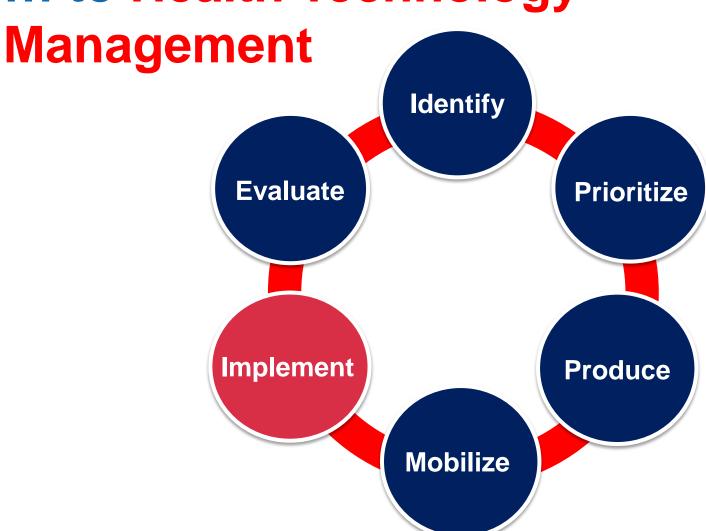


Moving from Health Technology





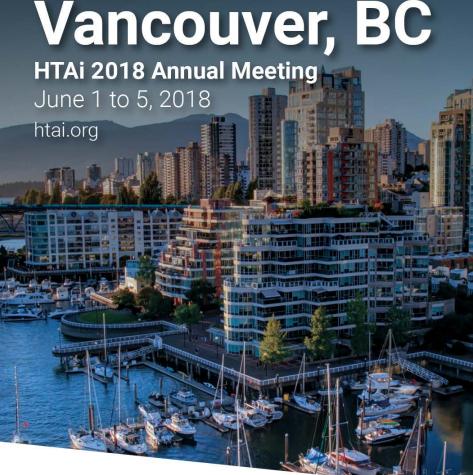
... to Health Technology





2018 is going to be a big year for HTA in Canada





Two world class Health Technology Assessment conferences — one on the west coast, one on the east coast.





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