

# Benefit of health technologies : Where do we come from, Where are we now, where do we go ?

**Professor Laurent Degos** 

IWQIG, 24 Nov. 2007

24/11/2007



# 1 – Where have we come from?



### National Authority for Health: Its integrated approach





# Early vs. delayed HTA in France

Positive list **HTA** 90 days 90 days Single drug Early assessment **Decision** on (Putative effectiveness) reimbursement / Drug class pricing Negative HAS list Delayed assessment NICE **IQWIG** Guidelines for clinical strategies



	Assessment	Decision
Approval	AFSSAPS = EMEA	
Reimbursement	HAS Actual Benefit (AB)	Ministry of Health
Pricing	HAS Improvement in Actual Benefit (IAB)	Ministry of Health, CEPS (Pricing Committee) & Industry



# **1. Single drug assessment**

- Immediately after marketing approval
- 1 000 opinions/year

# **2.** Positive list for reimbursement

• 0% / 35% / 65% / 100%

# 3. Agreement between CEPS & industry

• Price & reimbursement rate



# Actual benefit (AB) and medical indication

Substantial / Moderate / Low / Insufficient

 $\rightarrow$  if insufficient, no reimbursement

Severity of the disease

 $\ensuremath{\boxtimes}$  No other treatments available

☑ Public health burden (Epidemiology)

# Improvement in Actual Benefit (IAB) = added value

Major / Significant / Moderate / Minor / None

 $\rightarrow$  lower price if no IAB



# HAS

- reassesses drugs every 5 years
- revisits a class of drugs at any time (e.g. drugs for Alzheimer's disease)
- meets Ministry of Health requests (e.g. venotonics, vasodilators)

- $\rightarrow$  **Delisting** 380 drugs were delisted in 2006-7
- $\rightarrow$  Price cut
- → Reimbursement rate reduced



# Impact on drug expenditure

# Early assessment

Different reimbursement rates

- based on Actual Benefit
- Specified indications qualifying for reimbursement
  - "Proper use of drugs" leaflets
  - overseen by NHI
- Negotiated price
  - based on Improvement in Actual Benefit

# **Delayed assessment**

Agreement between NHI and physicians' unions

- proposed by NHI
- assessed by HAS

e.g. aspirin versus clopidogrel



# 2 – Where are we now ?



#### International trend

Growing interest in <u>full Health Technology Assessments</u> (that include medical, health-economic, organisational, social and ethical aspects)

- Experience of NICE (UK) and National Board of Health (DK)
- Discussions ongoing in several national agencies

#### In France

#### HAS' mandate to be modified by law (Dec. 2007)

- Competency in health economics
- Separate criteria (and steps) to assess medical effectiveness and healtheconomic issues (efficiency)

#### ... But this raises a range of difficult issues for HAS



# **PROBLEM 1: Assessing relative effectiveness**

# ✓Efficacy

- explanatory trials
- highly selected populations
- comparator: often placebo
- outcomes: clinical, often surrogates, adverse effects

# ✓ Effectiveness

- pragmatic trials
- few exclusions
- comparator: current ('best') practice
- outcomes: patient-focused, downstream resources

→ Is the treatment effective

What is the real-life added value

# Role of post-approval studies

- Observational studies and statistics ?
- Public, private, public/private ?



#### • Will society accept health economics assessments?

e.g. reactions to NICE guidance on drugs for Alzheimer's disease

#### • Which method should be used to assess economic efficiency?

- Cost-efficacy
- Cost-benefit
- Cost-utility



- Threshold of the cost/benefit ratio?
- How to take social values into account in the decision-making process?
- How to identify possible ethical dilemmas *ex ante*?
- Separate or composite criteria?



# Impact on

- everyday life of patients and families
- professional skills
- organisation of care
- equal access to innovation
- existing public health policies



# 3 – Where do we go from here ?



### Preparing the new law: How to assess benefit for the community?

A technology undergoing a full HTA should be:

- part of an overall medical strategy
- in competition with other medical / non-medical strategies

#### A full HTA should address <u>clinical</u> AND <u>community</u> benefit

- Medical effectiveness (real-life)
- Health economics (efficiency)
- Impact on organization of care
- Social choice
- Ethical issues

Community benefit (SERC)



### **Consider clinical benefit AND community benefit**

- Clinical benefit
  - Intrinsic value + indication
  - Severity and burden of the disease
  - No alternative treatment
- Community benefit (SERC)
  - Health economics (efficiency)
  - Impact on organization of care
  - Social choice
  - Ethical issues



#### Before implementing a full HTA, need to consider:

- 1. when should a full HTA take place?
- 2. which products / procedures should undergo a full HTA?
- **3**. which assessment criteria should be used?
- 4. what types of analysis should be performed?
- 5. who are the stakeholders ?
- 6. impact on decision-making



# **1. Timing of a full HTA**

Early assessment

Delayed assessment

Post-approval studies





✓Early assessment (single drug)	✓ Delayed assessment (drug class)		
	<b>Clinical HTA</b>	(ulug class)	
Before pricing and reimbursement After pricing and reimbursement			
<ul> <li>Expected Actual Benefit</li> </ul>		<ul> <li>Real-life Actual Benefit</li> </ul>	
<ul> <li>Positive list</li> </ul>		• Negative list	
	Full HTA		
<ul> <li>Horizon scanning</li> </ul>		<ul> <li>Selected according to HAS' work programme or integrated</li> </ul>	
<ul> <li>Rapid assessment (3 months)</li> </ul>		activities	
<ul> <li>Stringent selection</li> </ul>			

• Impact on pricing & reimbursement • Impact on efficient practices



2. Occasions for a full HTA





# 3. Criteria for a full HTA

# Clinical effectiveness, relative efficacy

- Intrinsic value
  - Actual Benefit
  - Improvement in Actual Benefit
- Good practices
  - Indication
  - Alternative treatment
  - Professional skills
  - Ethics
- Disease
  - Severity
  - Prevalence

## **Community benefit**

- Health economics assessment
- Organisational issues, accessibility
- Public health policy
- Epidemiology
- Social and ethical aspects



# 4. Types of analysis

## Clinical benefit (relative efficacy)

- Meta-analysis
- 'Area under the curve' comparison
- Utility (QALY)

### **Community benefit**

- Costs and health-economic evaluation
  - cost-efficacy
  - cost-benefit
  - cost-utility
- Assessment of impact on organisation of care
- Identification of relevant social values
- Identification of possible ethical dilemmas



## • Cost-utility? QALY ?

No composite criteria accepted to date

### • Cost-benefit (willingness to pay) ?

A patient is not a standard customer

#### Cost-efficacy

Comparable numbers for efficacy assessment ? (Amplitude of difference, time-dependent)



- Expertise
- Citizen councils
- Public debates (internet)



# ✓Early assessment (positive list)

- Rejected
- Temporarily accepted Post-approval studies (private, public, shared)?
- Accepted

#### Impact on reimbursement

- Price control
- Price reference
- Payback

#### Delayed assessment

- Delisted
- Revisited pricing/reimbursement
- Modified prescribing strategy

### Impact on efficient practices

- Guidelines
- Control
- Measures



#### Separate or composite criteria ?

- One composite criterion = close to the decision
  - No accepted composite criteria yet
- Several criteria = open decision
  - Less impact in the decision-making process ?
- Scenarios combining clinical and collective benefit



- Health economics included in a full HTA
- Single drug Early Assessment Positive list
  - Direct impact on pricing and reimbursement
  - Strong selection for full HTA (clinical, health-economic, organisational, public health policy, social and ethical aspects)
  - Combined criteria: Leaflets on the 'Proper use of technologies'
    - → Professional expertise
- Drug class Delayed Assessment Negative list (rare) & Efficient practice
  - Tools for implementation = guidelines
  - Promotion: incentives, constraints, control, comparison, contracts
  - Link with colleges of professionals
    - → Professional practice