



IQWiG Reports – Commission No. S19-02

Lung cancer screening with low-dose computed tomography¹

Extract

¹ Translation of Chapters 1 to 6 of the final report S19-02 *Lungenkrebscreening mittels Niedrigdosis-Computertomografie* (Version 1.0; Status: 19 October 2020 [German original], 23 December 2020 [English translation]). Please note: This document was translated by an external translator and is provided as a service by IQWiG to English-language readers. However, solely the German original text is absolutely authoritative and legally binding.

Publishing details

Publisher

Institute for Quality and Efficiency in Health Care

Topic

Lung cancer screening with low-dose computed tomography

Commissioning agency

Federal Joint Committee

Commission awarded on

18 July 2019

Internal Commission No.

S19-02

Address of publisher

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This report was prepared in collaboration with external experts.

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Keywords: Mass Screening, Tomography – X-Ray Computed, Lung Neoplasms, Benefit Assessment, Systematic Review

Key statement

Research question

The objective of this investigation is to

- assess the benefit of lung cancer screening with low-dose computed tomography (LDCT) in comparison with no (systematic) screening

with regard to patient-relevant outcomes in people at elevated risk of lung cancer due to current or past heavy tobacco use.

Conclusion

There is no proof of any effect of lung cancer screening with LDCT on overall survival when compared with no screening. For lung cancer-specific mortality, there is an indication of a benefit of LDCT screening. Since the respective estimators and associated confidence intervals (CIs) for the absolute effect are of a similar magnitude, screening can be reasonably assumed to also have a favourable effect on all-cause mortality. The joint analysis of these two sub-outcomes therefore results in a hint of benefit of LDCT screening for the outcome of mortality.

However, lung cancer screening with LDCT can cause adverse events (hint of harm) and lead to negative consequences via false-positive screening results (proof of harm). Some overdiagnoses occur as well (proof of harm). The studies did not report any data on consequences of false-negative screening results. Their impact on the weighing of benefit and harm is viewed as low. Data from only 1 study were available on the outcome of adverse events, and no usable data were available for the outcome of health-related quality of life. However, the effect of screening on the AE rate and on health-related quality of life is likely reflected in the outcome of overdiagnoses.

In comparison with no screening, within 10 years, LDCT screening for lung cancer spares an estimated 5 of 1000 persons (95% CI: [3;8]) death by lung cancer and may possibly extend the life of some of these screening participants. Mortality-related benefits are primarily countered by harm from false-positive screening results and overdiagnoses. Due to false-positive screening results, a minimum of 1 of 1000 persons and a maximum of 15 of 1000 persons undergo invasive procedures which would not have been performed without the screening. These procedures can cause complications, such as pneumothorax. Overdiagnosis are to be considered harm as a result of the associated unnecessary follow-up diagnostics and therapy, including the resulting complications. In the individual studies, the risk of overdiagnosis was between 0 and 22 of 1000 persons invited to the screening. The risk of overdiagnosis based on the people diagnosed with lung cancer during the screening phase is between 0% and 63% in the individual studies. This highlights the importance of maintaining a low risk of overdiagnosis for a favourable benefit-harm relationship.

In summary, there is a hint of benefit of LDCT screening versus no screening, and hence, the benefit of LDCT screening outweighs its harm in (former) heavy smokers.

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List of abbreviations

Abbreviation	Meaning
AE	adverse event
COPD	chronic obstructive pulmonary disease
IDR	incidence density rate
IQWiG	Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen (Institute for Quality and Efficiency in Health Care)
LDCT	low-dose computed tomography
NSCLC	non-small cell lung cancer
PLCO	Prostate, Lung, Colorectal, and Ovarian
RCT	randomized controlled trial
SCLC	small cell lung cancer
UICC	Union for International Cancer Control
VATS	video-assisted thoracoscopic surgery

1 Background

Lung cancer is an epithelial malignant neoplasm in the lung or in the bronchial system [1]. According to the Robert-Koch Institute, in 2016, lung cancer was second only to prostate cancer among the most commonly diagnosed cancers in men in Germany, and it was the most common cancer-related cause of death. In women, lung cancer was among the most commonly diagnosed cancers after breast cancer and colon cancer, and it was the second most common cause of death (after breast cancer). The median age of onset was 70 years for men and 69 years for women [2]. In a joint examination of both sexes, the International Agency for Research on Cancer estimated that, in 2018, lung cancer was the most commonly diagnosed cancer and the most common cancer-related cause death worldwide [3].

The most important risk factor for lung cancer is smoking. In about 9 out of 10 men with lung cancer and at least 6 out of 10 women with lung cancer, the disease was attributed to active smoking. Second-hand smoking increases the risk as well [2]. Environmental exposures such as to radon, particulate matter, or asbestos are further risk factors for lung cancer [2]. The symptoms of the disease are unspecific. Persistent cough and dyspnoea are among the most common symptoms. In advanced disease, patients also experience fatigue, weight loss, chest pain, bone pain, and haemoptysis [1].

A basic distinction is made between non-small cell lung cancer (NSCLC) and small cell lung cancer (SCLC). This distinction is based on differences in therapy and prognosis since SCLC progresses rapidly and leads to systemic spread at an early stage. The most important histologic types for further classification of NSCLC are adenocarcinoma, squamous cell carcinoma, and large cell carcinoma [1]. Further subtypes, which can determine appropriate treatment concepts, can be defined on the basis of additional criteria, e.g. immunohistochemistry or molecular pathology [4].

Moreover, lung cancer is categorized using the TNM Classification (8th edition) from the Union for International Cancer Control (UICC) [5], which stages the disease based on the size of the primary tumour, lymph node involvement, and the degree of metastasis [6]. In 2015 and 2016, a total of 76% of men and 75% of women with initial lung cancer diagnoses were classified in UICC stages III and IV. This is associated with low 5-year survival rates of 15% (men) and 21% (women) [2]. Early detection of lung cancer might therefore improve its prognosis. As early as in 1993, the large-scale U.S. study “Prostate, Lung, Colorectal, and Ovarian” (PLCO) was started, investigating whether lung cancer mortality can be reduced by annual screening with chest radiographs. More than 150 000 individuals participated in the study. Following the 4-year screening phase and a total study duration of 13 years, no statistically significant difference in lung cancer mortality was found when compared with standard care. At the time of diagnosis, the groups were similar in terms of stage distribution. Screening by chest radiographs did not reduce lung cancer tumours in later stages. There was no shift to earlier disease stages [7].

Currently, low-dose computed tomography (LDCT) represents a procedure that might be suitable for the early detection of lung cancer. The image quality of CT has been continuously advanced. By modifying various CT parameters such as tube voltage and tube current, low-dose protocols can be used to reduce the radiation dose, while ensuring sufficient image quality for diagnostics [8]. The S3 guideline of the German Guideline Program in Oncology gives a “can be considered” recommendation for lung cancer screening with LDCT for people aged 55 to 74 years who have consumed more than 30 pack-years and have been smoke-free for less than 15 years as well as for people 50 years of age or older who have consumed more than 20 pack-years and have an additional risk factor, such as asbestos exposure or a family history of lung cancer. The authors of the S3 guideline point out that data from ongoing studies should be awaited before any further recommendations are made [5].

A known problem of lung cancer screening with LDCT is the high rate of false-positive results [5]. Lung nodules are a common finding in CT imaging. Size and morphology are important factors when determining a lung nodule’s probability of malignancy. However, other factors, such as localization, growth rate, and the person’s age and sex must be considered as well to estimate the probability of malignancy [10]. In case of abnormal screening results, further examinations are conducted for diagnostic clarification. Methods available for this purpose include purely diagnostic procedures such as bronchoscopic transbronchial biopsy and CT-guided percutaneous biopsy as well as video-assisted thoracoscopic biopsy, which can also be performed with a therapeutic objective. Following the pathological confirmation of malignancy, differentiation of the tumour type (grading) and extent (staging) determines the subsequent therapy as well as the prognosis [5].

In Germany, no systematic screening for lung cancer is currently in place. In this health services context, studies comparing LDCT screening versus no screening are therefore relevant for this assessment. Current systematic reviews [11-13] which investigate lung cancer screening with LDCT include studies with the comparator intervention of “no screening” as well as studies in which the comparator intervention was screening with another diagnostic procedure, particularly chest radiographs. This approach is supported by the results of the PLCO study [7], which suggest that “no screening” is comparable with “chest radiograph screening”, at least in terms of their effect on lung cancer-specific mortality.

2 Research question

The objective of this investigation is to

- assess the benefit of lung cancer screening with LDCT in comparison with no (systematic) screening

with regard to patient-relevant outcomes in people at elevated risk of lung cancer due to current or past heavy tobacco use.

3 Methods

The target population of the benefit assessment is current or past male and female smokers without suspected lung cancer. The experimental intervention is lung cancer screening with LDCT. The comparator intervention is no screening (or no systematic screening). For a sensitivity analysis of the outcomes of mortality and overdiagnoses, lung cancer screening with chest radiograph was also looked at as a comparator intervention.

The investigation examined the following patient-relevant outcomes:

- Mortality, particularly all-cause mortality and lung cancer-specific mortality
- Morbidity
- Health-related quality of life
- Adverse events (AEs)
- Harm resulting from the screening measure or subsequent diagnostic examinations (e.g. invasive procedures such as biopsies), including the consequences of incorrect screening results (false positive or false negative) and overdiagnoses.

Only randomized controlled trials (RCTs) were included in the benefit assessment. There were no restrictions regarding the study duration.

The publication had to be written in German or English.

In an effort to identify relevant screening studies as efficiently as possible and to use existing scientific evidence at the highest evidence level, in a 1st step, focused information retrieval was conducted for systematic reviews. The goal was to select 1 or more high-quality, current systematic reviews from which to identify and then select primary studies in accordance with the report's specific inclusion criteria. In a 2nd step, the information retrieval was updated to include the time period not covered by the systematic review(s).

The search for systematic reviews was done as part of the focused information retrieval in the MEDLINE database as well as Cochrane Database of Systematic Reviews and Health Technology Assessment Database, restricting the publication period to the past 6 years.

The supplementary search for primary studies was done as part of the comprehensive information retrieval for the time period not covered by the systematic reviews in the databases of MEDLINE, Embase, and Cochrane Central Register of Controlled Trials.

The following sources of information and search techniques were additionally used: study registries, screening of reference lists, documents and requests to authors made available from commenting procedures.

The selection of relevant systematic reviews as part of the focused information retrieval was done by 1 reviewer. Relevant primary studies were selected by 2 persons independently from one another. Any discrepancies were resolved by discussion between them. Data were extracted into standardized tables. To assess the qualitative certainty of results, the risk of bias at study and outcome levels was assessed and rated as high or low. The results of the individual studies were organized according to outcomes and described.

In addition to the comparison of the individual studies' results, metaanalyses and sensitivity analyses were conducted and effect modifiers investigated, provided that the methodological prerequisites were met.

For each outcome, a conclusion was drawn on the evidence for (greater) benefit and (greater) harm, with 4 levels of certainty of conclusions: proof (highest certainty of conclusions), indication (moderate certainty of conclusions), hint (lowest certainty of conclusions), or neither of the above 3. The latter is the case if no data are available or the available data do not permit classification into one of the 3 other categories. In that case, the conclusion "There is no hint of (greater) benefit or (greater) harm" was drawn. Finally, the benefit and harm of lung cancer screening with LDCT was assessed across outcomes.

4 Results

4.1 Results of the comprehensive information retrieval

The information retrieval found 9 randomized controlled trials to be relevant for the research question of this benefit assessment. Two ongoing studies and 1 planned study were found through the search in study registries. Further, 1 completed study without reported results and 4 studies of unclear status were found.

The search strategies for bibliographic databases and trial registries are found in the appendix. The most recent search was conducted on 12 June 2020.

Table 1: Study pool of the benefit assessment

Study	Available documents	
	Full publication (in professional journals)	Registry entry / results report from the study registries
DANTE	Yes [14-18]	Yes [19] / no
DLCST	Yes [20-35]	Yes [36] / no
ITALUNG	Yes [37-47]	Yes [48] / no
LSS	Yes [49-52]	Yes [53] / no
LUSI	Yes [54-58]	Yes [59] / no
MILD	Yes [60-67]	Yes [68] / no
NELSON	Yes [69-108]	Yes [109] / no
NLST	Yes [110-184]	Yes [185] / yes [186]
UKLS ^a	Yes [187-196]	Yes [197] / no

a: This is a feasibility study in which morbidity and mortality data are to be recorded over a 10-year follow-up period. The study was not used in the benefit assessment since no usable results have been reported so far. Therefore, the tables below do not present UKLS [191].

4.2 Characteristics of the studies included in the assessment

One study, UKLS [187-196], is a feasibility study which generally meets the report's inclusion criteria, but has not reported any results usable for the benefit assessment. Therefore, the tables below do not include UKLS.

The remaining 8 studies (number of randomized persons: 90 836) differed with regard to the screening strategies applied: In 6 studies, participants were allocated to either LDCT screening or no screening. In DLCST [20-35], ITALUNG [37-47], LUSI [54-58], MILD [60-67], and NELSON [69-108], control-group participants were offered no imaging at baseline or in the further course of the study, unless lung cancer was suspected. In DANTE [14-18], a chest radiograph was taken at baseline. Since this scan was taken in both the intervention and comparator groups and no further screening was conducted over the course of the study in the comparator group, this study was deemed suitable for comparing LDCT versus no screening.

In contrast, the 2 studies LSS [49-52] and NLST [110-184] compare LDCT screening versus screening using chest radiography. Both of these studies were RCTs conducted in the USA.

For all no-screening study groups, outcome-specific data were collected via registries. Depending on the study, postal or phone surveys as well as clinical examinations were additionally used. All studies were conducted in Europe (Italy, Denmark, Germany, Netherlands, and Belgium).

Six studies had 3000 to 4000 participants, while NELSON had some 16 000 and NLST 53 500. The screening phase lasted 1 to 6 years, and the planned follow-up was between 5 and 10 years (for LSS, no data were available on follow-up duration). Except in the MILD and NELSON studies, the screening interval was 1 year for all screening rounds. The MILD study was the only 3-arm study, with people in the intervention group being screened either annually or biennially. In the beginning, the study randomized participants to annual or biennial screening. Random allocation to an additional control group started at a later stage, thereby leading to different group sizes. In the NELSON study, the screening interval was increased after each screening round, from 1 year to 2 years and then 2.5 years.

The studies included men and women who smoked at baseline (at least 20 or 30 pack years) or had stopped smoking less than 10 years ago (15 years in NLST). Exceptions were the DANTE study, which included only men, and the NELSON study, which initially recruited only men and started including women only in the later course of the study. The authors justify this approach by the fact that the Dutch population includes relatively few women with long-term exposure to cigarette smoke, resulting in a greater recruitment effort required to achieve the desired case numbers. Therefore, only 16% of participants of the NELSON study are women, while women make up at least 31% of participants in the other studies. The studies specified a participant age of ≥ 49 to 75 years, with the MILD study being the only one not defining an upper age limit.

Screening adherence in the various intervention groups was between 81% and 96%. Of the studies comparing against no screening, 3 reported a contamination of between 1% and 7%, although the validity of these data is unclear. One study comparing against chest radiography screening reports a contamination of 4%. No contamination data were available for the other 4 studies.

4.3 Overview of patient-relevant outcomes

Data on patient-relevant outcomes were extracted from 8 studies. Table 2 presents an overview of the available usable data on patient-relevant outcomes from the included studies. All studies reported usable data on the outcome of mortality (all-cause mortality and lung cancer-specific mortality). Chest radiography screening is not viewed as an adequate comparator for investigating the effect of LDCT screening in terms of the consequences of false screening results, health-related quality of life, and AEs in comparison with no screening. For the outcomes of consequences of false screening results, health-related quality of life, and AEs,

only the 6 studies comparing LDCT screening versus no screening were therefore considered. All 6 studies reported usable results on the outcome of consequences of false screening results. Usable results on the outcome of AEs were available from the DANTE study. On the outcome of health-related quality of life, the studies provided either no data or no usable data.

Table 2: Matrix of patient-relevant outcomes

Study	Outcomes				
	Mortality	Morbidity			HRQoL
	All-cause mortality and lung cancer-specific mortality	AEs	Screening-related harm		HRQoL
Consequences of false screening results			Overdiagnoses		
LDCT screening vs. no screening					
DANTE	●	●	●	●	–
DLCST	●	–	●	●	–
ITALUNG	●	–	●	●	–
LUSI	●	–	●	●	–
MILD	●	–	●	●	–
NELSON	●	–	●	●	–
LDCT screening vs. chest radiography screening					
LSS	●	x	x	●	x
NLST	●	x	x	●	x
<p>●: Data were reported and were usable. –: Either no data were reported, or the data were not usable for the benefit assessment. x: For this outcome, chest radiography screening is not an adequate comparator for assessing the effect of LDCT screening versus no screening. AE: adverse event; HRQoL: health-related quality of life; LDCT: low-dose computed tomography</p>					

4.4 Assessment of the risk of bias of results

Risk of bias across outcomes

The risk of bias across outcomes was rated as low for 4 studies (DLCST, ITALUNG, LUSI, and NELSON) and as high for the other 4 studies. In the studies with a high risk of bias across outcomes, it was unclear whether the randomization sequence was adequately generated (MILD and NLST) or whether the allocation was appropriately concealed (DANTE, MILD, and NLST). For LSS, it was unclear whether the reporting was independent of results (e.g. missing information on planned outcomes). For the MILD study, significant differences in baseline

characteristics (age, sex, smoking status, and pack-years) between the intervention and control groups led to a high risk of bias.

Risk of bias on the outcome level

In the DLCST, ITALUNG, and NELSON studies, the outcome-specific risk of bias for the outcomes of all-cause mortality, lung cancer-specific mortality, consequences of false screening results, and overdiagnoses was rated as low. While the LUSI study was found to have a low risk of bias on the study level, discrepant information on results provided in the publications led to a high risk of bias for all outcomes. The risk of bias for the outcome of AE was rated as high for the DANTE study, the only study reporting results on AEs.

In all studies (DANTE, MILD, NLST, and LSS) with a high risk of bias across outcomes, the outcome-specific risk of bias was consequently high as well; therefore, no further outcome-specific assessment was conducted for these studies.

4.5 Results on patient-relevant outcomes

4.5.1 Results on mortality

4.5.1.1 Results on all-cause mortality

For the outcome of all-cause mortality, data from 3 studies of high qualitative certainty of results (DLCST, ITALUNG, NELSON) and 3 studies of moderate qualitative certainty of results (DANTE, MILD, LUSI) were available for comparison with no screening. For all studies, the data on the longest follow-up were used, which was between 8 and 11 years from randomization.

Random-effects model metaanalyses were used since the designs of the included studies were insufficiently comparable (e.g. in terms of screening intervals, participant selection criteria, and results analysis) for basing a metaanalysis on a model with fixed effect. The pooled estimator from 3 studies with high qualitative certainty of results was not statistically significant (incidence density rate [IDR]: 0.93; 95% CI: [0.69; 1.26]; $p = 0.434$). The joint analysis of the studies with high and moderate qualitative certainty of results likewise resulted in no statistically significant effect of screening (IDR: 0.95; 95% CI: [0.88; 1.03]; $p = 0.164$).

For the comparison of LDCT screening versus chest radiography screening, 2 studies (LSS and NLST) provided data of moderate qualitative certainty of results on the outcome of all-cause mortality. The sensitivity analysis, which took into account these 2 studies with the data for the longest follow-up period, does not contradict the results of the comparison of LDCT screening versus no screening (IDR: 0.97; 95% CI: [0.92; 1.02]; $p = 0.168$).

For the outcome of all-cause mortality, there is consequently no hint of benefit or harm of lung cancer screening with LDCT.

Subgroup analyses on all-cause mortality

The 6 included studies comparing LDCT screening versus no screening (DANTE, DLCST, ITALUNG, MILD, LUSI, and NELSON) and the 2 studies comparing LDCT screening versus chest radiography screening (LSS and NLST) investigated scanner age (old: use of LDCT scanners < 16 slices versus new: exclusive use of LDCT scanners \geq 16 slices) and screening centre size (small versus large centres: < versus \geq 3000 recruited participants) as potential effect modifiers. Where a study switched from old to new scanners over its course, it was classified based on the scanners predominantly used in the study. The breakdowns of studies into subgroups based on the age of the CT scanners and the size of the screening centres were identical. Studies with older CT scanners were conducted in smaller centres, while studies with newer CT scanners were conducted in larger centres. Furthermore, the available data from 4 studies (DANTE, LUSI, NELSON, and NLST) allowed investigating participants' sex as a potential effect modifier. Within the 3-arm MILD study, the length of the screening interval was investigated as an effect modifier since the 2 intervention groups received screening either annually or biennially.

The test for interaction did not show statistical significance in any of the subgroup analyses for the studies comparing to no screening. The results remained unchanged after inclusion of the studies comparing against chest radiography screening as part of a sensitivity analysis.

For all-cause mortality, no effect modification was therefore found by the age of CT scanners or centre size, participant sex, or length of screening interval.

4.5.1.2 Results on lung cancer-specific mortality

For the comparison of LDCT screening versus no screening with regard to lung cancer-specific mortality, data of high qualitative certainty of results were available from 3 studies (DLCST, ITALUNG, and NELSON) and data of moderate qualitative certainty of results from 3 other studies (DANTE, LUSI, MILD). For all studies, the data on the longest follow-up were used, which was between 8 and 11 years from randomization.

The pooled estimator from 3 studies with high qualitative certainty of results was not statistically significant (IDR: 0.80; 95% CI: [0.60; 1.06]; $p = 0.076$). The collective analysis of studies with moderate and high qualitative certainty of results showed a statistically significant difference (IDR: 0.81; 95% CI: [0.72; 0.91]; $p = 0.004$) in favour of LDCT screening.

For the comparison of LDCT screening versus chest radiography screening, 2 studies (LSS and NLST) provided data of moderate qualitative certainty of results on lung cancer-specific mortality. The data from the 2 studies on the longest follow-up (5 and 12 years since randomization) were taken into account as part of a sensitivity analysis. Said analysis does not contradict the result of the analysis from the studies comparing against no screening (IDR: 0.89; 95% CI: [0.82; 0.96]; $p = 0.010$).

For the outcome of lung cancer-specific mortality, there is therefore an indication of a benefit of lung cancer screening with LDCT in comparison with no screening.

Subgroup analyses on lung cancer-specific mortality

For the 6 included studies comparing LDCT screening versus no screening (DANTE, DLCST, ITALUNG, MILD, LUSI, and NELSON) and the 2 studies comparing LDCT screening versus chest radiography screening, the age of the CT scanners used in the studies and the screening centre size (small versus large centres: < versus \geq 3000 recruited participants) were investigated as potential effect modifiers for lung cancer-specific mortality. Multislice CT scanners with 16 slices or more were defined as new, while all other CT scanners with fewer slices were considered old. Where a study switched from old to new scanners over its course, it was classified based on the scanners predominantly used in the study. The breakdowns of studies into subgroups based on the age of the CT scanners and the size of the screening centres were identical. Studies with older CT scanners were conducted in smaller centres, while studies with newer CT scanners were conducted in larger centres. The subgroup analysis for the studies comparing to no screening showed no effect modification. Even when the studies were included in the comparison against chest radiography screening, no effect modification was found.

For the outcome of lung cancer-specific mortality, available subgroup analyses or correspondingly stratified analyses of multiple studies allowed investigating the following additional effect modifiers: the presence of chronic obstructive pulmonary disease (COPD) at baseline (DLSCT), sex (DANTE, LUSI, NELSON, NLST), participant age (NELSON), and length of screening interval (MILD: annual versus biannual screening).

The test for interaction showed no statistical significance for any of the subgroup analyses. If possible, a sensitivity analysis was conducted, adding the studies comparing LDCT screening versus chest radiography screening. These sensitivity analyses did not contradict the results. For lung cancer-specific mortality, there was no effect modification with regard to the attributes of age of the CT scanner or centre size, presence of COPD at baseline, participant sex and age, or length of the screening interval.

4.5.1.3 Overall analysis for the outcome of mortality

For all-cause mortality, there was no hint of benefit or harm of LDCT screening, but the results of the metaanalyses suggest a decrease in all-cause mortality. An indication of benefit was found for lung cancer-related mortality.

The estimator for absolute effect is 5 of 1000 persons (95% CI: [-3; 12]) for all-cause mortality and 5 of 1000 persons (95% CI: [3; 8]) for lung cancer-specific mortality within about 10 years. Since the respective estimators and associated confidence intervals for absolute effect are of a similar magnitude, overall, a hint of benefit of lung cancer screening with LDCT in comparison with no screening is therefore derived for the outcome of mortality, taking into account the conclusions on benefit on the suboutcomes of lung cancer-specific mortality and all-cause mortality.

4.5.2 Results on adverse events

AEs can occur in the intervention group or in the no-screening comparator group; this distinguishes them from the outcomes reported in Section 4.5.3. A complete survey of this outcome is very resource-intensive since systematic recording is necessary even in the no-screening comparator group.

Usable data on AEs were available only from the DANTE study with moderate qualitative certainty of results, specifically for the occurrence of postoperative AEs as well as for the occurrence of AEs with a severity ≥ 3 . No further results on AEs were reported. Presented are the results for the longest follow-up since randomization (maximum of 8 years). The analysis revealed a statistically significant difference in the occurrence of AEs following surgery to address an abnormal finding (OR: 3.48; 95% CI: [1.41; 8.62]; $p = 0.004$). Hence, there is an effect to the disadvantage of LDCT screening.

Further restriction to AEs of a severity level ≥ 3 likewise revealed a statistically significant difference between the two study groups (OR: 4.25; 95% CI: [0.92; 19.69]; $p = 0.046$). Hence, there is an effect to the disadvantage of LDCT screening.

For the outcome of AEs, there is overall a hint of harm from lung cancer screening with LDCT in comparison with no screening.

4.5.3 Results on harm directly or indirectly resulting from the screening, including the consequences of false screening results and overdiagnoses

4.5.3.1 Results on the consequences of false-negative screening results

No results were available regarding the consequences of false-negative screening results.

4.5.3.2 Results on the consequences of false-positive screening results

The outcome of consequences of false-positive screening results was assessed using the data of screening participants who had positive screening results, but whose subsequent invasive diagnostics did not confirm the suspected lung cancer. Invasive diagnostics are defined as methods used for histological or cytological confirmation of the diagnosis. This outcome was investigated using both data on purely diagnostic interventional clarification as well as data on surgical therapeutic procedures performed when the treatment and diagnostics of lung tissue of unclear dignity were not readily distinguishable from one another. This is the case if both can be done during one and the same procedure, such as in video-assisted thoracoscopic surgery (VATS). Complications associated with these procedures in patients for whom the subsequent findings were benign were also included in this outcome. The chosen follow-up period was the one at which the screening phase in the respective studies was completed.

Data of high qualitative certainty of results were available from 3 studies (DLCST, ITALUNG, and NELSON) and data with moderate qualitative certainty of results from 3 other studies (DANTE, LUSI, and MILD).

The need for invasive diagnostics was recorded only for the intervention groups in all studies except the DANTE study. While all studies compared LDCT screening versus no screening, the DANTE study conducted chest radiography and 3-day sputum cytology in all participants, regardless of group allocation at baseline. Therefore, it remains unclear whether the intergroup difference is due solely to LDCT screening.

The studies differed in the way they presented the invasive diagnostics: in some studies, procedures and biopsies were presented together, while in others, procedures were reported separately. Multiple operationalizations are available for some studies; these operationalizations strongly affect the number of events. Therefore, no overall estimate was reported for this outcome, but a range [minimum; maximum] of the effect estimators from the individual studies is provided below.

Between 0.1% and 1.5% of the participants invited to the studies underwent invasive diagnostics, which became necessary only due to the false positive result in the screening. Surgery on individuals with benign findings was conducted in 0.1% to 1.3% of the participants invited to the screening. A total of between 0.1% and 1.5% of study participants experienced a consequence from false-positive results.

Complications in individuals who underwent surgery and ended up having benign results were reported in 2 studies (DLCST and NELSON). In DLCST, 2 of 7 people who underwent surgery and ended up having benign findings experienced minor complications; hence, among all participants invited to the screening, 0.1% suffered minor complications after surgery to address benign findings. In the NELSON study, complications were reported not for all persons with benign findings who underwent surgery, but only for those who received either thoracotomy or VATS. These operated patients with benign findings experienced a total of 3 serious complications and 20 minor complications. Hence, serious complications arose in 0.04% of all participants invited to the screening, and minor complications, in 0.3% of them.

Consequently, there is proof of harm from lung cancer screening with LDCT in comparison with no screening as regards the consequences of false-positive screening results.

4.5.3.3 Results of overdiagnoses

The 8 studies in question were RCTs which typically followed up on participants in both groups for about 5 years after the screening phase. The studies reported a high participation rate and low contamination. Overall, all studies were deemed suitable for calculating a risk of overdiagnoses of lung cancer. Data of high qualitative certainty of results were available from the 3 studies DLCST, ITALUNG, and NELSON, and data of moderate qualitative certainty of results from the other 5 studies, DANTE, LUSI, MILD, NLST, and LSS.

Overdiagnoses based on the individuals invited to the screening

From all 8 included studies, the risk of overdiagnosis was calculated for all participants invited to the screening.

Among the 6 included studies comparing LDCT screening versus no screening, the ITALUNG study is the only one where in the total follow-up, fewer lung cancer cases were diagnosed in the intervention group than in the control group. Hence, no overdiagnoses were demonstrated in this study. No overdiagnoses were found for the biennial screening in the MILD study, either. The highest overdiagnosis risk was found in DANTE at 2.2% and DLCST at 2.1%. The calculated risk of overdiagnosis of study participants was 0.9% in LUSI, 0.6% in NELSON and 1.4% for annual screening in the MILD study. In the 2 studies comparing LDCT screening versus chest radiography screening, an overdiagnosis risk of 1.2% was calculated for LSS and 0.1% for NLST.

Overdiagnoses calculated for individuals diagnosed with lung cancer during the screening phase

Data suitable for calculating the risk of overdiagnosis in patients with lung cancer diagnosis were available from 5 studies, 4 of which compared against no screening (DLCST, ITALUNG, LUSI, and NELSON). The result of the DLCST study was particularly notable since it had a calculated risk of overdiagnosis of 63.2%. The overdiagnosis risk in LUSI was 28.6% and in NELSON 16.2%. No overdiagnoses were found for ITALUNG. In the NLST study comparing against chest radiography screening, an overdiagnosis risk of 2.8% was calculated.

In this report, no overall estimate was determined for overdiagnoses. With regard to the overdiagnoses calculated for individuals with a lung cancer diagnosis during the screening phase, the between-study percentages differed so widely that it was impossible to meaningfully interpret an overall estimate. It was not possible to identify specific reasons for the heterogeneity of results, e.g. individual aspects on screening design and characteristics of the study population. For the percentage of overdiagnoses calculated for the persons invited to the screening, heterogeneity was less pronounced, and it was possible to arrive at an overall estimate for the studies comparing against no screening. However, the associated confidence interval is about as broad as the range of the individual point estimators in the studies. Hence, the pooled estimator with confidence interval provides no additional information. To achieve a transparent and uniform presentation of results, the percentage of overdiagnoses was provided as a range [minimum; maximum] of point estimators from the individual studies for both reference quantities.

Since metaanalyses were foregone, no interaction tests were calculated, either. Thus, the subgroup results were presented in tabular form and qualitatively assessed.

For the DANTE and NELSON studies, data were available only on men. For the LUSI study, data were available broken down by men and women. These data do not suggest an effect modification by sex. The NLST study comparing against chest radiography screening reported data broken down by sex which suggest that there is no such effect modification.

For the MILD study, data were available on both annual and biennial screenings. Regarding the screening intervals, the numerical differences in percentages of overdiagnoses between the two

screening groups are likely due to chance since the 95% CIs of the two estimators overlap and each contain the point estimators of the other group. Therefore, this result likewise does not suggest any effect modification by the screening interval.

The diagnosis of lung cancer requires the histological or cytological confirmation of the diagnosis. It is safe to assume that virtually all patients receiving a lung cancer diagnosis also received treatment. Any diagnostics and treatment are associated with a risk of adverse events and complications. Hence, there is proof of harm of lung cancer screening with LDCT in comparison with no screening in terms of overdiagnoses, that is, from the resulting invasive diagnostics and treatment, including the associated complications and AEs.

4.5.4 Results on health-related quality of life

Data on health-related quality of life were either not available from the studies or were unusable for the benefit assessment.

4.6 Evidence map

Table 3 below shows the evidence map regarding patient-relevant outcomes.

Table 3: Evidence map regarding patient-relevant outcomes

Mortality	Morbidity				HRQoL
	AEs	Screening-related harm			
		Consequences of false-negative screening results	Consequences of false-positive screening results	Overdiagnoses	
↗ ^a	↘	–	↓↓	↓↓	–

↓↓: Proof of harm of LDCT screening
 ↗: Hint of benefit of LDCT screening
 ↘: Hint of harm of LDCT screening
 -: No (usable) data reported
 a: Based on an indication of benefit in lung cancer-specific mortality and an effect on all-cause mortality which is consistent with it, but statistically not significant.
 AE: adverse event; HRQoL: health-related quality of life; LDCT: low-dose computed tomography

4.7 Overview and discussion of the results on all patient-relevant outcomes for weighing benefit and harm

Table 4 below shows an overview and discussion of all patient-relevant outcomes.

Table 4: Overview of and discussion of the results on all patient-relevant outcomes for weighing benefit and harm (multi-page table)

Patient-relevant outcome	Results	Baseline risk ^a per 1000 people	Risk ^b per 1000 invited screening participants	Absolute effect per 1000 invited screening participants [95% CI]	Note
Mortality					
All-cause mortality	IDR: 0.95; 95% CI: [0.88; 1.03]; p = 0.164	101	96	5 [-3; 12]	There is no proof of LDCT screening either decreasing or increasing all-cause mortality. However, the estimator and the confidence interval for absolute effect are of a similar magnitude as those for lung cancer-specific mortality.
Lung cancer-specific mortality	IDR: 0.81; 95% CI: [0.72; 0.91]; p = 0.004	28	23	5 [3; 8]	Without LDCT screening, 28 of 1000 persons die of lung cancer. With LDCT screening, 23 of 1000 persons die of lung cancer. Within 10 years, LDCT screening spares about 5 of 1000 persons from death due to lung cancer.
Morbidity					
AEs ^d	AE after surgery: OR: 3.48; 95% CI: [1.41; 8.62]; p = 0.004	5	17	-12 [-37; -2]	Without LDCT screening, 5 of 1000 persons suffer an AE after surgery, 2 of them an AE of severity ≥ 3 . With LDCT screening, 17 of 1000 persons suffer an AE after surgery, 8 of them an AE of severity ≥ 3 .
	AE of severity ≥ 3 after surgery: OR: 4.25; 95% CI: [0.92; 19.69]; p = 0.046	2	8	-6 [-36; 0]	LDCT screening leads to 1 additional AE after surgery in 12 persons, in 6 of them with a severity of ≥ 3 .
Consequences of false-negative screening results	No data reported	-	-	-	-

Table 4: Overview of and discussion of the results on all patient-relevant outcomes for weighing benefit and harm (multi-page table)

Patient-relevant outcome	Results	Baseline risk ^a per 1000 people	Risk ^b per 1000 invited screening participants	Absolute effect per 1000 invited screening participants [95% CI]	Note
Consequences of false-positive screening results	See Table 25 of the full report	-	-	1 to 15	1–15 of 1000 persons receive invasive diagnostics or surgery with subsequent benign findings ^e .
Overdiagnoses	Range [minimum; maximum] of the individual studies' point estimators for overdiagnosis risk of the persons invited to the screening: 0 to 2.2%	-	-	0 ^f [0; 1.1] to 22 [1; 42] ^g	In 0 to 22 of 1000 persons, the screening detects lung cancer that would not have caused any symptoms during the person's remaining lifetime. These persons undergo diagnostic and therapeutic procedures which are unnecessary, and some of which are associated with complications. The overdiagnosis risk calculated from the individual studies for persons diagnosed with lung cancer during the screening phase is between 0% and 63%.
HRQoL					
HRQoL	No usable data	-	-	-	-
<p>a: Median risk in the control group. b: Median risk in the intervention group. c: Mean of follow-up period since randomization. d: Results of the DANTE study, which was the only study reporting usable data on this outcome. e: Among all participants invited to the screening, 0.1% to 0.3% (0.04%) had a (serious) complication following surgery on benign findings. f: Based on the results of the ITALUNG study. Fewer lung cancer cases were diagnosed in the intervention group than in the control group. Hence, no overdiagnoses can be demonstrated. g: Based on the results of the DANTE study. AE: adverse event; CI: confidence interval; HRQoL: health-related quality of life; IDR: incidence density rate; LDCT: low-dose computed tomography; OR: odds ratio</p>					

5 Classification of the assessment result

Publication bias

Usable results for the report came from 8 studies with over 90 000 participants. However, the results of 3 other studies were missing: The publications of 2 studies (Depiscan 2007 and Garg 2002) were incomplete. Only results at baseline were found. Both studies had low case numbers of 400 [198] and 1000 [199] participants. Another study without published results was referred to as a completed 2000-participant pilot study intended to investigate the feasibility, compliance, and cost of a large RCT [200]. Nevertheless, the available information does not suggest publication bias.

Range for estimating overdiagnoses

The risk of overdiagnosis of the persons diagnosed with lung cancer during the screening phase varied greatly between the studies (0% to 63%). No overdiagnoses were demonstrated in the ITALUNG study, whereas DLCST had the highest rates. The inclusion and exclusion criteria of the two studies as well as their study designs are largely equivalent. Both studies started in 2004, but the ITALUNG study also included some older CT scanners (single slice), while the DLCST study used exclusively multislice technology (16-slice detector systems). The LUSI and NELSON studies, where the risk of overdiagnosis was 29% or 16%, respectively, used newer CT scanners as well. In the NLST study (comparing with chest radiography screening), the risk of overdiagnosis was relatively low, at 2.8%. Like the ITALUNG study, NLST predominantly used older CT scanners. The screening strategies in the ITALUNG and DLCST studies are comparable in terms of the cut-off for new lung nodule diameter defined as a positive finding (≥ 5 mm in diameter). Unlike the ITALUNG study, DLCST included computer-aided volume measurement, thus allowing follow-up CT imaging to be used for determining the volume increase of a lung nodule and estimating the malignancy based on the volume growth. Such software-based analysis for assessing the lung nodule was also used in the LUSI and NELSON studies. A potential explanation is that the use of modern CT scanners and computer-aided calculation of the lung module's growth rate can lead to more true-positive findings and hence to more overdiagnoses.

The risk of overdiagnosis for all participants invited to the screening ranged from 0% to 2.2% in the studies. No relationships between the risk of overdiagnosis and the screening strategies can be derived from these figures.

Weighing of benefits versus harm

Any screening causes harm as a result of false screening results and overdiagnoses. Screening is justified only if its associated benefits outweigh its harms. When weighing benefit versus harm, it must be noted further that the results for the various outcomes are weighted differently.

Benefit

The studies have shown that LDCT screening in (former) heavy smokers reduces the risk of lung cancer-related mortality. Within about 10 years, LDCT screening spares about 5 of 1000

persons (95% CI: [3; 8]) death from lung cancer. On the basis of the study results, however, there is no statistical evidence for screening improving all-cause mortality. Due to competing causes of death, particularly other diseases associated with tobacco use such as other cancer types or cardiovascular diseases, some of the screening participants spared lung cancer death might conceivably die at a similar point in time, resulting in their lives not being substantially prolonged.

This problem was particularly highlighted by the NELSON study [70], which was most recently published: Despite a statistically significant reduction in lung cancer-related death (IDR: 0.76; 95% CI: [0.61; 0.94]) the main analysis showed no appreciable change in all-cause mortality (IDR: 1.01; 95% CI: [0.92; 1.11]). Instead, it was found that other causes of death tended to be more common. Gigerenzer summarized this result as follows: “Simply put, this means that no lives were saved overall” [201]. However, the figures provided by the NELSON study are based on men only, while in the metaanalysis of this report, a reduction of all-cause mortality was certainly numerically recognizable in women (see Figure 4 of the full report). In this report, data for both men and women (16% of the study population) were included from the NELSON study.

The overall results on all-cause mortality do not contradict the results on all-cause mortality either. For instance, the two estimators of the respective metaanalyses point in the same direction. In addition, the estimator and the confidence interval for the absolute effect with respect to all-cause mortality are of a similar magnitude as the effect for lung cancer-specific mortality (see Table 4). The effect of the LDCT screening on lung cancer-specific mortality is likely to be reflected in all-cause mortality as well. Overall, this results in a hint of benefit of low-dose-CT screening for the outcome of mortality.

Harm

Viewed in isolation, the occurrence of an AE as a result of surgery suggests harm. However, very little data on AEs (of all treatment forms) were available for the intervention and control groups; therefore, the actual harm done remains unclear on the basis of these data (see Section A4.3.6 of the full report). Nevertheless, it is reasonable to assume that the screening’s effect on the AE rate will be reflected by the outcome of overdiagnoses.

No results were available on the consequences of false-negative screening results. Individuals with false-negative screening findings are erroneously reassured of having no lung cancer. The most important consequence would be symptoms being ignored, which could delay diagnostics and subsequent treatment. However, if this resulted in higher mortality, it should be reflected by the outcome of lung cancer-specific mortality. Overall, the lack of specific data on this outcome is thought to have only a minor impact on the weighing of benefits and harms. In case of false-positive screening results, individuals experience harm from the notification of a distressing result, from the subsequent diagnostics, and from the associated complications. According to the results of this assessment, out of 1000 participants invited to lung cancer screening, 1 to 15 people undergoes invasive diagnostics or surgery which reveal benign

findings. The most common complication of lung biopsy is pneumothorax [202]. The risk of pneumothorax occurring depends on the biopsy method and location of the lung nodule. Some pneumothorax patients will not need thoracic drainage. Conceivably, the removal of a benign lung nodule might also provide information about other diagnoses and prevent future complications (e.g. retention pneumonia). For instance, the NELSON study documented incidental findings in the screening group [88]. For the present report, no systematic investigation of incidental findings of LDCT screening was conducted since data on such events and their consequences are available only for the screening group. Therefore, it is unclear whether these findings are of benefit or harm to the individuals. While the NLST study considered incidental findings in both groups, once again, chest radiography screening does not represent an adequate comparator for investigating the effect in comparison with no screening. Loomans et al. [176] investigated, for instance, whether incidental findings may lead to a rise in incidence and overdiagnosis of thyroid carcinoma. From the authors' point of view, the data may suggest that. After a median follow-up of 6.6 years in the intervention group and 6.5 years in the comparator group, 35 thyroid carcinomas were diagnosed in the LDCT screening group (n = 26 457) and 25 in the chest radiography screening group (n = 26 238). A total of 7 of the 60 patients with thyroid cancer died, 6 of them from the LDCT screening group, although thyroid cancer was listed as the cause of death for only 3 people. Other causes of death were other cancer diagnoses or heart disease.

The risk of overdiagnosis for people diagnosed with lung cancer during the screening phase varied greatly among studies and was between 0% (no overdiagnoses in the ITALUNG study) and 63% (in the DLCST study). The studies showed that an estimated 0 to 22 of 1000 persons invited to lung cancer screening are diagnosed with lung cancer which would not have caused any symptoms for the remaining lifespan. A comparison with data from the benefit assessment on prostate cancer screening with the PSA test shows that the risk of overdiagnosis is lower for lung cancer screening. In prostate cancer screening, an estimated 35 to 60 of 1000 men invited to screening are overdiagnosed within 16 years [203]. Here, it seems plausible for the higher overdiagnosis rate to be due to the fact that prostate cancer tends to grow markedly more slowly than lung cancer. This assumption is confirmed by the estimator for lung cancer overdiagnosis being lower, with the follow-up period in the studies being only about half as long. It is also worth noting, however, that unlike PSA screening, lung cancer screening targets a high-risk population rather than all men of a specific age group. When looking at cancer-specific mortality as well, the benefit-harm relationship is more favourable for LDCT screening. Prostate cancer screening spares only about half as many men (3 of 1000) from death by the screened-for cancer within about 16 years.

For the outcome of health-related quality of life, no usable data were available. The notification of abnormal findings can be reasonably assumed to adversely impact the health-related quality of life of screening participants. Since this effect is likely short-lived in case of false-positive results, only screening participants with true-positive results are likely to experience a relevant

impact. The effect of screening on health-related quality of life is therefore likely to be largely depicted by the outcome of overdiagnoses.

The German Ministry for the Environment, Nature Conservation, and Nuclear Safety (BMU) is currently assessing whether radiation exposure from multiple years of LDCT screening, including follow-up diagnostics, is permissible.

Considerations regarding the screening programme design

The introduction of lung cancer screening with LDCT would require criteria to be defined for the high-risk population. The 6 European studies show considerable overlap in their study populations. For instance, they all included active smokers as well as nonsmokers who stopped smoking less than 10 years ago. Most studies required a history of more than 20 pack-years. The age of the study participants was about 50 years to 75 years. The German S3 guideline “Prevention, diagnosis, therapy, and follow-up of lung cancer”, which takes into account the NLST study from the United States, defines the high-risk population somewhat more narrowly and recommends screening for asymptomatic persons without additional risk factors who are 55 to 74 years of age with a total tobacco use of more than 30 pack-years and less than 15 years of smoking abstinence [5]. Various risk prediction models are currently being proposed to enable a more precise selection of high-risk persons [204,205]. Alongside age and smoking history, criteria which might be used to select high-risk persons include low body mass index (BMI), a family history of lung cancer, other cancers, a self-reported history of COPD, chest radiographs within the past 3 years, low education level, and African descent [205].

The information on smoking status is both self-reported and decisive for the screening selection, begging the question of its reliability. Asking active and past smokers about their smoking habits twice has shown that, across short time periods, self-reports are typically reliable when using standard questions about smoking history [206].

The screening design in the studies predominantly involved an annual LDCT scan. Alongside the screening, participants were often offered consultation or a smoking cessation programme. With regard to the examination strategy, the included studies exhibited considerable heterogeneity. Screening findings were placed into either 2 or 3 categories (“positive”, “negative” and, “indeterminate”), and these categories were defined differently. The subsequent follow-up diagnostics and further examination intervals were defined based on the lung nodule category. The studies also used different scanner types. Most studies had the CT scans read by 2 radiologists independently from one another. Some studies employed volumetry software with which follow-up CT images are compared to determine the lung nodule’s growth rate and estimate the risk of malignancy. Using volumetry software, Seigneurin et al. [207] observed low recall rates at similar lung cancer detection rates. In the authors’ view, this suggests that a volume-based assessment of lung nodules permits more precise distinctions between benign and malignant ones than an assessment based on diameter alone.

In case of an introduction of LDCT screening, quality assurance measures must be taken, including uniform protocols for the evaluation of CT images and the subsequent follow-up and diagnostics. The Lung Imaging Reporting and Data System (Lung RADS System) developed by the American College of Radiology is deemed suitable by the German Radiological Society and German Society for Pneumology and Respiratory Medicine [208]. This system is used for the classification of lung nodules. It also defines the follow-up and further diagnostics necessary depending on the findings [209]. In addition, both societies favour the consistent use of volumetry software [208]. Since radiation exposure can be considerably reduced with the new device generation, screening should be performed exclusively with multislice CT scanners. The quality of lung cancer screening should be continuously reviewed and improved. For this purpose, particularly findings requiring follow-up, i.e. recall rates and the percentage of positive biopsies out of all biopsies, should be recorded [210].

In case of introduction of this screening, it would be important to provide appropriate information materials providing a balanced presentation of advantages and disadvantages of LDCT screening to the target group to enable shared decision making [210].

A recently started European study examines issues related to implementation of the screening [211]. The EU-funded 4-IN THE LONG RUN (INDividually tailored INVitations, screening INTervals, and INTegrated co-morbidity reducing strategies in lung cancer screening) project is coordinated by Erasmus University Medical Centre in Rotterdam, Netherlands. Alongside Germany, the United Kingdom, Spain, Italy, and France are involved in the study. The RCT aims to include a total of 24 000 persons with the goal of investigating the safety of risk-based examination intervals. Further, strategies for recruitment, smoking cessation, and reduction of comorbidities are examined by using a calcium score for cardiovascular disease as well as biomarkers. The study is planned to end in December 2024.

6 Conclusion

There is no proof of any effect of lung cancer screening with LDCT on overall survival when compared with no screening. For lung cancer-specific mortality, there is an indication of a benefit of LDCT screening. Since the respective estimators and associated confidence intervals for the absolute effect are of a similar magnitude, screening can be reasonably assumed to also have a favourable effect on all-cause mortality. The joint analysis of these two sub-outcomes therefore results in a hint of benefit of LDCT screening for the outcome of mortality.

However, lung cancer screening with LDCT can cause adverse events (hint of harm) and lead to negative consequences via false-positive screening results (proof of harm). Some overdiagnoses occur as well (proof of harm). The studies did not report any data on consequences of false-negative screening results. Their impact on the weighing of benefit and harm is viewed as low. Data from only 1 study were available on the outcome of AEs, and no usable data were available for the outcome of health-related quality of life. However, the effect of screening on the AE rate and on health-related quality of life is likely reflected in the outcome of overdiagnoses.

In comparison with no screening, within 10 years, LDCT screening for lung cancer spares an estimated 5 of 1000 persons (95% CI: [3;8]) death by lung cancer and may possibly extend the life of some of these screening participants. Mortality-related benefits are primarily countered by harm from false-positive screening results and overdiagnoses. Due to false-positive screening results, a minimum of 1 of 1000 persons and a maximum of 15 of 1000 persons undergo invasive procedures which would not have been performed without the screening. These procedures can cause complications, such as pneumothorax. Overdiagnosis are to be considered harm as a result of the associated unnecessary follow-up diagnostics and therapy, including the resulting complications. In the individual studies, the risk of overdiagnosis was between 0 and 22 of 1000 persons invited to the screening. The risk of overdiagnosis based on the people diagnosed with lung cancer during the screening phase is between 0% and 63% in the individual studies. This highlights the importance of maintaining a low risk of overdiagnosis for a favourable benefit-harm relationship.

In summary, there is a hint of benefit of LDCT screening versus no screening, and hence, the benefit of LDCT screening outweighs its harm in (former) heavy smokers.

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Please see full final report for full reference list.

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The full report (German version) is published under

<https://www.iqwig.de/de/projekte-ergebnisse/projekte/nichtmedikamentoese-verfahren/s-projekte/s19-02-lungenkrebsscreening-mittels-niedrigdosis-computertomografie.12379.html>.

Appendix A – Search strategies

A.1 – Focused information retrieval for systematic reviews

The search lines for indication and intervention (in MEDLINE search lines 1 to 13) were taken from Snowsill 2018 [12] and adapted for the other databases.

1. MEDLINE

Search interface: Ovid

- Ovid MEDLINE(R) ALL 1946 to January 28, 2019

The following filter was adopted:

- Systematic review: Wong [212] – High specificity strategy

#	Searches
1	exp Lung Neoplasms/
2	((lung\$ or bronch\$ or pulmon\$) adj3 (cancer\$ or neopla\$ or tumor\$ or tumour\$ or carcinoma\$ or adenocarcinoma\$ or small cell or squamous)).ti,ab,ot,kw.
3	(NSLC or NSCLC or SLC or SCLC).ti,ab,ot,kw.
4	1 or 2 or 3
5	exp Tomography, X-Ray Computed/
6	((CT or CAT) adj3 (scan\$ or screen\$)).ti,ab,ot,kw.
7	((computer\$ adj3 tomogra\$) and (scan\$ or screen\$)).ti,ab,ot,kw.
8	(tomogra\$ or helix or helical or spiral\$ or spiro\$).ti,ab,ot,kw.
9	5 or 6 or 7 or 8
10	((low\$ adj3 dos\$) or LDCT).ti,ab,kw,ot.
11	((ultralow\$ or ultra-low\$) adj3 dos\$).ti,ab,kw,ot.
12	(low-dos\$ or ultralow-dos\$).ti,ab,kw,ot.
13	10 or 11 or 12
14	4 and 9 and 13
15	Cochrane database of systematic reviews.jn.
16	(search or MEDLINE or systematic review).tw.
17	meta analysis.pt.
18	or/15-17
19	14 and 18
20	screening*.mp.
21	4 and 9 and 18 and 20
22	19 or 21

2. The Cochrane Library

Search interface: Wiley

- Cochrane Database of Systematic Reviews, Issue 1 of 12, January 2019

ID	Search
#1	[mh "Lung Neoplasms"]
#2	((lung* or bronch* or pulmon*) NEAR/3 (cancer* or neopla* or tumor* or tumour* or carcinoma* or adenocarcinoma* or small cell or squamous)):ti,ab,kw
#3	(NSLC or NSCLC or SLC or SCLC):ti,ab,kw
#4	#1 or #2 or #3
#5	[mh "Tomography, X-Ray Computed"]
#6	((CT or CAT) NEAR/3 (scan* or screen*)):ti,ab,kw
#7	((computer* NEAR/3 tomogra*) and (scan* or screen*)):ti,ab,kw
#8	(tomogra* or helix or helical or spiral* or spiro*):ti,ab,kw
#9	#5 or #6 or #7 or #8
#10	((low* NEAR/3 dos*) or LDCT):ti,ab,kw
#11	((ultralow* or ultra-low*) NEAR/3 dos*):ti,ab,kw
#12	(low-dos* or ultralow-dos*):ti,ab,kw
#13	#10 or #11 or #12
#14	#4 and #9 and #13
#15	screening*
#16	#4 and #9 and #15
#17	#14 OR #16 in Cochrane Reviews, Cochrane Protocols

3. Health Technology Assessment Database

Search interface: Centre for Reviews and Dissemination

Line	Search
1	MeSH DESCRIPTOR Lung Neoplasms EXPLODE ALL TREES
2	((lung* or bronch* or pulmon*) AND (cancer* or neopla* or tumor* or tumour* or carcinoma* or adenocarcinoma* or small cell or squamous))
3	#1 OR #2
4	MeSH DESCRIPTOR Tomography, X-Ray Computed EXPLODE ALL TREES
5	((CT or CAT) AND (scan* or screen*))
6	((computer* AND tomogra*) and (scan* or screen*))
7	(tomogra* or helix or helical or spiral* or spiro*)
8	(#4 OR #5 or #6 or #7)
9	((low* AND dos*) or LDCT)
10	((ultralow* or ultra-low*) AND dos*)
11	(low-dos* or ultralow-dos*)
12	(#9 OR #10 OR #11)
13	(screen*)
14	(#3 AND #8 AND #12)
15	(#3 AND #8 AND #13)
16	(#14 OR #15)
17	(#14 OR #15) IN HTA

A.2 – Supplementary search for primary studies in bibliographic databases

1. MEDLINE

Search interface: Ovid

- Ovid MEDLINE(R) 1946 to June 11, 2020

The following filter was adopted:

- RCT: Lefebvre [213] – Cochrane Highly Sensitive Search Strategy for identifying randomized trials in MEDLINE: sensitivity-maximizing version (2008 revision)

#	Searches
1	exp Lung Neoplasms/
2	(lung adj1 (cancer* or tumor* or tumo?r* or neoplasm*)).ab,ti.
3	or/1-2
4	exp Tomography, X-Ray Computed/
5	(compute* adj3 tomograph*).ab,ti.
6	(ct or ldct).ab,ti.
7	or/4-6
8	Mass Screening/
9	Early Detection of Cancer/
10	screen*.mp.
11	or/8-10
12	("Nederlands-Leuvens Longkanker Screenings ONderzoek" or "Dutch-Belgian Randomized Lung Cancer Screening Trial" or NELSON or "Lung Cancer Screening Intervention trial" or LUSI or "National Lung Screening Trial" or NLST or "Lung Screening Study" or LSS or LungSearch or "Multicentric Italian Lung Detection" or MILD or "Italian Lung Cancer Screening Trial" or ITALUNG or "Danish Lung Cancer Screening Trial" or DLCST or "UK Lung Cancer Screening" or UKLS or "Detection And screening of early lung cancer with Novel imaging TEchnology" or DANTE).ab,ti.
13	randomized controlled trial.pt.
14	controlled clinical trial.pt.
15	(randomized or placebo or randomly or trial or groups).ab.
16	drug therapy.fs.
17	or/13-16
18	17 not (exp animals/ not humans.sh.)
19	and/3,7,11,18
20	and/3,11-12,18
21	or/19-20
22	21 not (comment or editorial).pt.
23	22 and (english or german).lg.
24	23 and 20161201:3000.(dt).

Search interface: Ovid

- Ovid MEDLINE(R) Epub Ahead of Print and In-Process & Other Non-Indexed Citations
June 11, 2020

#	Searches
1	(lung adj1 (cancer* or tumor* or tumo?r* or neoplasm*)).ab,ti.
2	(compute* adj3 tomograph*).ab,ti.
3	(ct or ldct).ab,ti.
4	or/2-3
5	screen*.mp.
6	("Nederlands-Leuvens Longkanker Screenings ONderzoek" or "Dutch-Belgian Randomized Lung Cancer Screening Trial" or NELSON or "Lung Cancer Screening Intervention trial" or LUSI or "National Lung Screening Trial" or NLST or "Lung Screening Study" or LSS or LungSearch or "Multicentric Italian Lung Detection" or MILD or "Italian Lung Cancer Screening Trial" or ITALUNG or "Danish Lung Cancer Screening Trial" or DLCST or "UK Lung Cancer Screening" or UKLS or "Detection And screening of early lung cancer with Novel imaging TEchnology" or DANTE).ab,ti.
7	(clinical trial* or random* or placebo).ti,ab. or trial.ti.
8	and/1,4-5,7
9	and/1,5-7
10	or/8-9
11	10 not (comment or editorial).pt.
12	11 and (english or german).lg.
13	12 and 20161201:3000.(dt).

2. Embase

Search interface: Ovid

- Embase 1974 to 2020 June 11

The following filter was adopted:

- RCT: Wong [212] – Strategy minimizing difference between sensitivity and specificity

#	Searches
1	exp Lung tumor/
2	(lung adj1 (cancer* or tumor* or tumo?r* or neoplasm*)).ab,ti.
3	or/1-2
4	exp Computer assisted tomography/
5	(compute* adj3 tomograph*).ab,ti.
6	(ct or ldct).ab,ti.
7	or/4-6
8	exp Mass screening/
9	Early diagnosis/
10	screen*.mp.
11	or/8-10
12	("Nederlands-Leuvens Longkanker Screenings ONderzoek" or "Dutch-Belgian Randomized Lung Cancer Screening Trial" or NELSON or "Lung Cancer Screening Intervention trial" or LUSI or "National Lung Screening Trial" or NLST or "Lung Screening Study" or LSS or LungSearch or "Multicentric Italian Lung Detection" or MILD or "Italian Lung Cancer Screening Trial" or ITALUNG or "Danish Lung Cancer Screening Trial" or DLCST or "UK Lung Cancer Screening" or UKLS or "Detection And screening of early lung cancer with Novel imaging TEchnology" or DANTE).ab,ti.
13	(random* or double-blind*).tw.
14	placebo*.mp.
15	or/13-14
16	15 not (exp animal/ not exp human/)
17	and/3,7,11,16
18	and/3,11-12,16
19	or/17-18
20	19 not medline.cr.
21	20 not (Conference Abstract or Conference Review or Editorial).pt.
22	21 and (english or german).lg.
23	22 and 20161230:3000.(dc).

A.3 – Searches in study registries

1. ClinicalTrials.gov

Provider: U.S. National Institutes of Health

- URL: <http://www.clinicaltrials.gov>
- Type of search: Advanced Search

Search strategy
lung cancer AND (computed tomography OR CT OR LDCT) AND screening

2. International Clinical Trials Registry Platform Search Portal

Provider: World Health Organization

- URL: <http://apps.who.int/trialsearch/>
- Type of search: Standard Search

Search strategy
lung cancer AND computed tomography OR lung cancer AND CT OR lung cancer AND LDCT