

Percutaneously implanted interatrial shunt for the treatment of heart failure with reduced left ventricular ejection fraction (LVEF < 40%)

Addendum to project N24-04
(rapid report)¹

EXTRACT

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¹ Translation of the key statement of the addendum N25-07 *Perkutan implantierter interatrialer Shunt zur Behandlung der Herzinsuffizienz mit reduzierter linksventrikulärer Ejektionsfraktion (LVEF < 40 %) – Addendum zum Projekt N24-04 (Rapid Report)*; (Version 1.0; Status: 8 January 2026). Please note: This translation is provided as a service by IQWiG to English-language readers. However, solely the German original text is absolutely authoritative and legally binding.

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Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen
Siegburger Str. 237
50679 Köln
Germany

Phone: +49 221 35685-0

Fax: +49 221 35685-1

E-mail: berichte@iqwig.de

Internet: www.iqwig.de

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IQWiG employees

- Britta Runkel
- Konstanze Angelescu
- Thorsten Busan
- Moritz Felsch

Key statement

On 9 October 2025, the Federal Joint Committee (G-BA) commissioned the Institute for Quality and Efficiency in Health Care (IQWiG) to carry out a supplementary assessment of project N24-04 (percutaneously implanted interatrial shunt for the treatment of heart failure with reduced left ventricular ejection fraction [LVEF < 40%]) [1] (and the associated assessments H20-06 [2] and H21-05 [3]) in order to assess the subsequently submitted results of the RELIEVE-HF trial.

Research question

The aim of this investigation is

- to assess the benefit of treatment with a percutaneously implanted interatrial shunt in addition to guideline-based drug therapy, compared with guideline-based drug therapy alone

in patients with heart failure and reduced LVEF (< 40%) (HFrEF) and elevated left atrial pressure, who remain symptomatic despite guideline-based drug therapy.

Conclusion

This assessment included one randomized controlled trial (RELIEVE-HF) comparing interatrial shunts with standard drug therapy alone, with data from a total of 206 patients with heart failure and reduced LVEF ($\leq 40\%$).

On the basis of the comprehensive study data from the RELIEVE-HF trial, there was an indication of a greater benefit in terms of hospitalizations (heart failure-related and total hospitalizations). The conclusion about benefit relates to patients with New York Heart Association (NYHA) Class III heart failure, as they account for 95% of the study population.

However, with regard to the outcome categories of mortality and health-related quality of life – which are considered essential in this therapeutic indication – no advantages were observed (no hint of benefit or harm). There was no hint of greater benefit or harm associated with the interatrial shunt for other outcomes investigated – in particular, health status, physical capacity and serious adverse events.

Taking all the results together, there is therefore an overall hint that treatment using a percutaneously implanted interatrial shunt, in addition to guideline-based drug therapy, offers greater benefit than guideline-based drug therapy alone.

References for English extract

Please see full addendum for full reference list.

1. Gemeinsamer Bundesausschuss. Perkutan implantierter interatrialer Shunt zur Behandlung der Herzinsuffizienz mit reduzierter linksventrikulärer Ejektionsfraktion (LVEF < 40 %) (§ 137e SGB V); Beauftragung IQWiG: Update/Rapid Report [online]. 2025 [Accessed: 11.03.2025]. URL: <https://www.g-ba.de/bewertungsverfahren/methodenbewertung/245/#beauftragung-iqwig-update-rapid-report>.
2. Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen. Perkutan-implantierter interatrialer Shunt zur Behandlung der Herzinsuffizienz; Bewertung gemäß § 137h SGB V [online]. 2021 [Accessed: 06.05.2025]. URL: https://www.iqwig.de/download/h20-06_perkutan-implantierter-interatrialer-shunt-zur-behandlung-der-herzinsuffizienz_bewertung-137h-sgb-v_v1-0.pdf.
3. Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen. Perkutan implantierter interatrialer Shunt zur Behandlung der Herzinsuffizienz; Addendum zum Auftrag H20-06 [online]. 2021 [Accessed: 06.05.2025]. URL: https://www.iqwig.de/download/h21-05_perkutan-implantierter-interatrialer-shunt-zur-behandlung-der-herzinsuffizienz_addendum-zum-auftrag-h20-06_v1-0.pdf.

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