



IQWiG Reports – Commission No. N18-01

Synchronous balneo- phototherapy for atopic eczema¹

Extract

¹ Translation of the key statement of the rapid report N18-01 *Synchrone Balneofototherapie bei atopischem Ekzem* (Version 1.0; Status: 25 October 2018. Please note: This document was translated by an external translator and is provided as a service by IQWiG to English-language readers. However, solely the German original text is absolutely authoritative and legally binding.

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Key statement

Research question

The aim of this report is to

- assess the benefit of synchronous balneo-phototherapy compared to ultraviolet (UV) therapy without synchronous bath treatment

in patients with atopic eczema with regard to patient-relevant outcomes.

This is an update of one aspect covered by a previous report (N04-04) and includes literature which has been published in the meantime.

Conclusion

For the assessment of synchronous balneo-phototherapy versus UV therapy without simultaneous bath treatment in atopic eczema, 2 studies performed in Germany were included, TOMESA_2006 and TOMESA_2017. The study TOMESA_2006 was already available for the final report N04-04.

On the basis of results from both studies, an indication of greater benefit of synchronous balneo-phototherapy versus UV monotherapy was found for the outcome skin condition (including symptoms).

Regarding adverse reactions, possible long-term complications, and health-related quality of life, the only data available for inclusion came from the TOMESA_2006 study. For these outcomes, there was no hint of benefit or harm.

In summary, there is an indication of greater benefit of synchronous balneo-phototherapy versus UV monotherapy in atopic eczema.

The full report (German version) is published under
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